

# Special Edition Croton Senior News January 2022



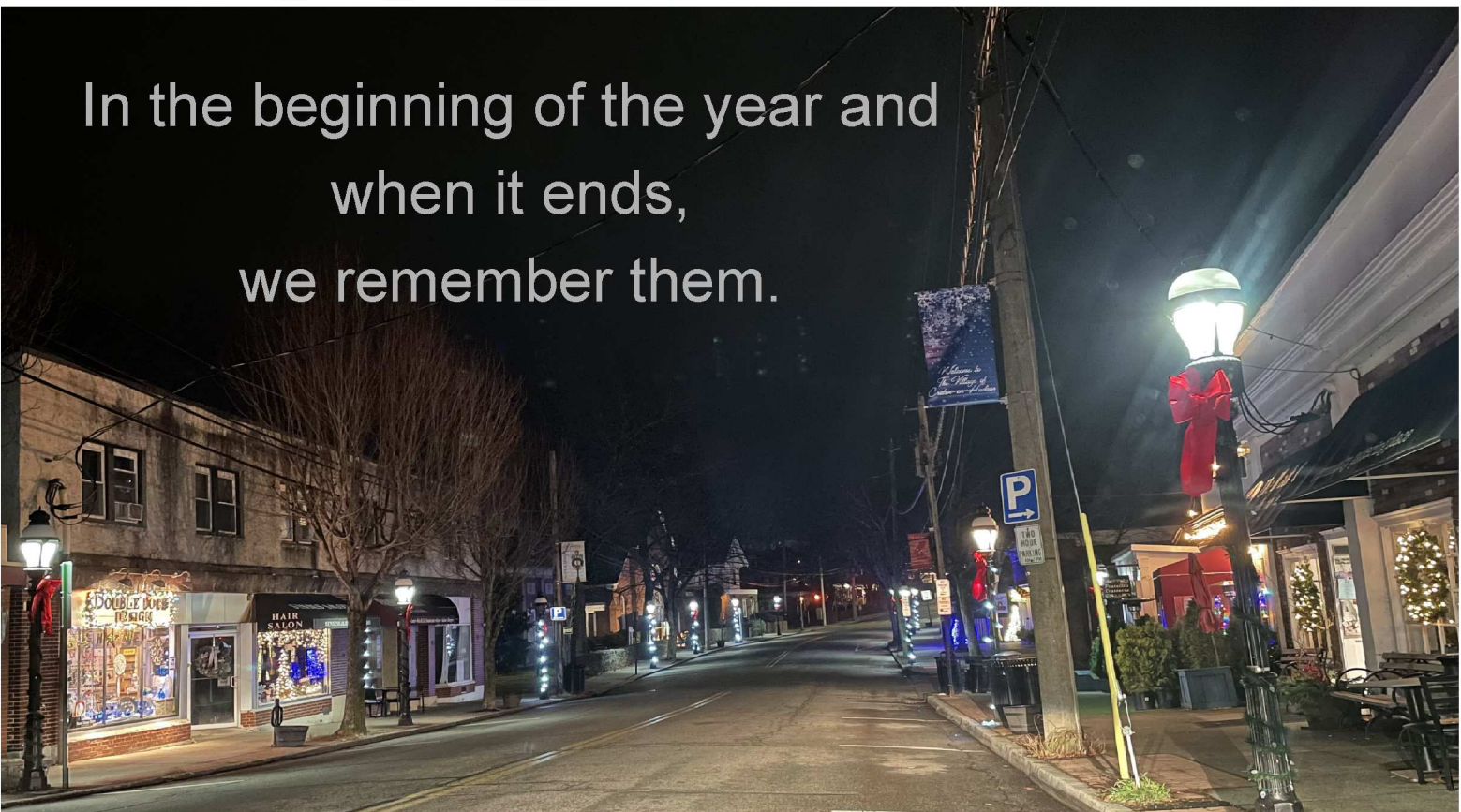
Photo from Reuters

## JANUARY BIRTHDAYS

Rosalie Nathan	5
Flo Wolsey	8
Nancy Treptow	12
Yrvonne Rivera	13
Sammy Colombo	17
John Kitson	19
Marshall Nathan	22
Marianne Picarello	28
Mernell Calandro	28

# Happy New Year

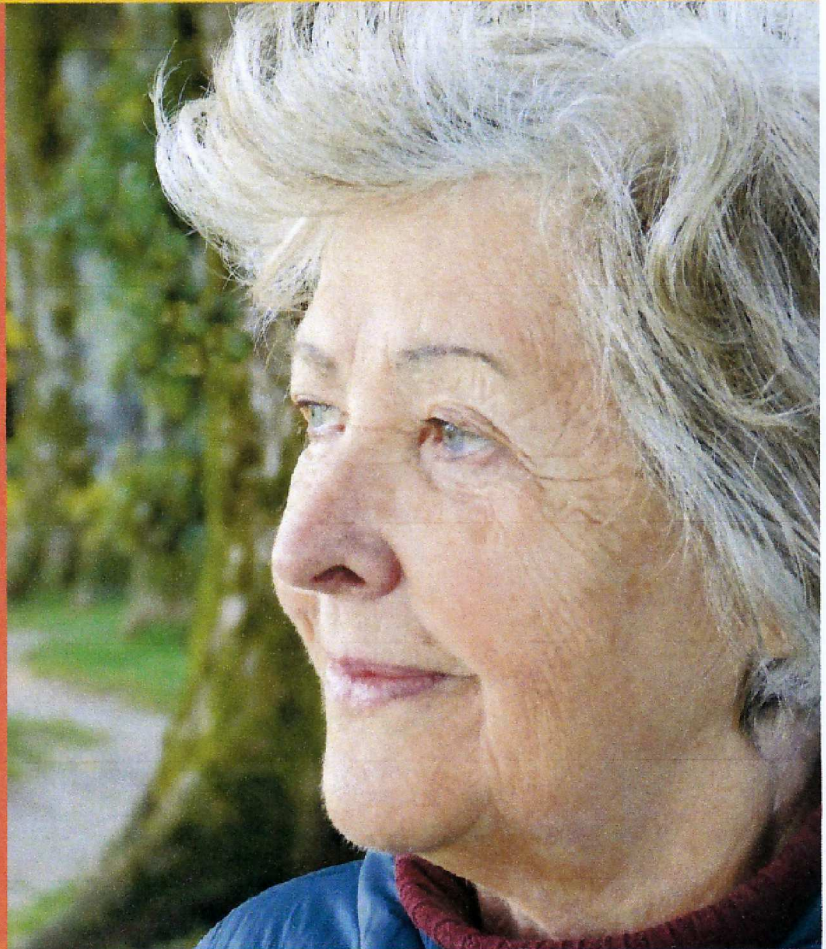
In the beginning of the year and  
when it ends,  
we remember them.



**Croton-on-Hudson Recreation  
Programs for Adults 60+**

**Looking  
for fun &  
affordable  
activities?**

**Croton Recreation  
has you covered.**



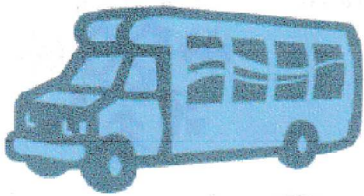
**What do we offer?**

- **MOVE** with Zumba Gold, Low Impact Exercise & Chair Yoga
- **LEARN** about opera, the history of the bridges of the Croton River, & starting seeds outside in winter.
- **CREATE** multimedia art, creative journals, or bring your own craft project & chat with friends.
- **GATHER** for a game of cards or dominoes, or have coffee with friends at the Croton Senior Club.

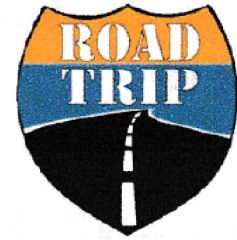
***Register  
Today!***

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*Visit  
<https://bit.ly/CrotonRec>  
or call 914-271-5804*



## Croton Recreation Senior Trip Guidelines



Trips are available to Croton Village & School District Seniors age 60+ (non-residents may register after a set period of time for a slightly higher fee)

Charter Trips Depart from the Croton Shoprite Parking lot, please be courteous and park in the front, far away from the store entrance

Mini-Bus trips depart from the Croton Municipal Building Parking Lot.

Arrive on time! (15 minutes prior to departure time is suggested)

Bus seating is first come first serve. Please reserve the first 2 rows for passengers needing assistance.

Lengthy walking, climbing stairs and standing may be required, making some trips unsuitable for those with mobility issues.

If ongoing assistance is needed, it is required that you arrange for a suitable companion to assist you on the trip.

Please take note of the itinerary, meeting times and departure times.

Dress appropriately for the day, bring a sweater and water bottle

A cell phone is highly recommended. If you don't have one, please partner with a friend who does.

Bring a smile, sense of adventure and let's have fun!

Any specific questions, please contact Croton Recreation at 271-3006 or Joanna Straub, Director of Senior Recreation at 271-5804.

**A few words from our President**

Dear Seniors:

Hope everyone is having a safe and healthy Christmas season. I am worrying way too much about this new virus and I hope and pray everyone is taking this seriously and taking all precautions so that you can enjoy your families. As the new year approaches and we can kick 2020 in the seat of of its pants (horrible year) we can all look forward to a better and brighter New Year. We have lots of good things to look forward to in the coming year. The first one is that our first meeting on January 7th we will have the Zumba instructor come and give us a demonstration of what she will be teaching. On the 2nd Friday, January 14 we will have our New Year's Pot Luck party. So everyone can plan on wearing their "glad rags" for a festive meeting and bringing something delicious to eat. Just remember the food cannot be plugged in or heated in the oven in the kitchen.

Wishing you all a very Merry Christmas and a Happy and Healthy New Year.

Looking forward to seeing you all again next year.

Village Officials and the Rec. Dept. have cancelled all Senior Activities for the month of January.

As the year comes to an end, I urge you t take care of yourselves and avoid accidents...because...spare parts for old models like us are no longer in stock!

Sincerely

Janet Meyer, President

# TOWN OF CORTLANDT SENIOR TRIPS 2022

PLEASE NOTE THAT THE NUMBER OF STARS (\*, \*\*, \*\*\*) IN THE DESCRIPTIONS REFLECTS THE ESTIMATED LEVEL OF PHYSICAL ACTIVITY REQUIRED FOR THE TRIP.

- \*LIGHT – very little walking or standing, mostly sitting
- \*\*MEDIUM – some walking or standing, some sitting
- \*\*\*HEAVY – mostly walking or standing, very little sitting

This is a partial list of 2022 trips. More will be added!

**\*We must follow safety protocols, CDC and NYS guidelines. Masks are mandatory if you are not vaccinated and recommended either way.**

**Be aware that these guidelines may change as we go forward\***

**Note: Community Center (914) 528-1572**

## TRIP OPENINGS

Doors open at 8:00am on trip opening day.  
Sign up begins at 9:00am in person first come, first served

**\*\* Thursday, April 7, 2022      Fascia's Chocolate Factory w/ Lunch @ San Marino's Restaurant**

**OPEN  
TRIP  
TUES.  
1/11/22**

Enjoy a full Private Group Chocolate Experience, make a chocolate bar and then we head over to the presentation room where the President of Fascia's, Carmen will give an informative and interesting presentation about the history chocolate and the family business. There will be a chocolate sampling and a tour of the factory via cameras. Then we head over to San Marino's Restaurant for lunch.

Lunch includes garden salad, roasted vegetables, family style pasta, choice of chicken francese, stuffed filet of sole, veal parmigiana, eggplant parmigiana, coffee/tea, pitchers of soda. Ice cream fudge roll for dessert. Entree choice at sign-up.

Location: Waterbury, CT

Bus departs CC at 8:30am, Returns to CC approx. 4:30pm

COST: \$45.00/pp

**\*\*Wednesday, April 20, 2022      NY City Broadway Play w/Lunch @ Tony Di Napoli's Restaurant**

**TRIP  
OPEN  
TUES.  
1/11/22**

Lunch at Tony Di Napoli at 11:30am includes: House Salad, Mozzarella in carrozza, 3 pastas: penne w/broccoli with garlic, Baked Ziti Napolitano, rigatoni w/vodka and mushrooms.

Three entrees: chicken parmigiana, veal francese, eggplant rollatini. Coffee/tea, homemade Italian dessert platter. Served family style. Show at 2:00pm "Tina" The Tina Turner Musical, Lunt-Fontanne Theatre, side orchestra seats.

Location: NYC, New York

Bus departs CC at 9:15AM, Return to CC @ approx. 7:00PM

COST: \$174.00/PP

**NYC BROADWAY POLICY:** All patrons must show proof of being fully vaccinated with an FDA or WHO authorized vaccine within at least 14 days of the show and will be required to wear a mask at all times inside the theatre. Children under 12 with a medical condition or closely held religious belief that prevents vaccination must provide a negative COVID19 test.

# Town of Cortlandt

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Out of the safety for our senior citizens, the town has decided to cancel any trip registration at this point. We will reevaluate next month. Please spread the word to your friends.

Please email me if you any questions at [dawnm@townofcortlandt.com](mailto:dawnm@townofcortlandt.com).

Stay well.

Happy New Year.

Dawn

Town of Cortlandt

Muriel H. Morabito Community Center

29 Westbrook Dr.

Cortlandt Manor, NY 10567

(914) 528-1572

29 Westbrook Dr.  
Cortlandt Manor,  
914-528-1572

# TOWN OF CORTLANDT SENIOR CALENDAR

January 2022

"Golden Connection"

SCHEDULE OF EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Line Dancing 10:30am  Coffee Hour 12:00pm	<b>4</b> Nor-Cort Meeting 10:30am Lunch Bingo	<b>5</b> Cortlandt Meeting 10:30am Lunch Bingo	<b>6</b> Chair Yoga 10:30am Wii Bowling 11:45am Mah Jong and Card Playing 12:00pm  Verplanck Mtg. 10am	<b>7</b> Pizza & Movie "The Call of the Wild" 1:00pm  Low Impact 10:15am Zumba 12:15pm
<b>10</b> Line Dancing 10:30am  Coffee Hour 12:00pm	<b>11</b> <u>TRIPS OPENING</u> <u>9:00AM</u> Nor-Cort Meeting 10:30am Lunch Bingo	<b>12</b> Cortlandt Meeting 10:30am Lunch Bingo	<b>13</b> <u>No Chair Yoga</u> Wii Bowling 11:45am Mah Jong and Card Playing 12:00pm  Verplanck Mtg. 10am	<b>14</b> Low Impact 10:15am  Zumba 12:15pm
<b>17</b> CENTER CLOSED  	<b>18</b> Nor-Cort Meeting 10:30am Lunch Bingo	<b>19</b> Big Bingo 12:30pm  	<b>20</b> Chair Yoga 10:30am Wii Bowling 11:45am Mah Jong and Card Playing 12:00pm  Verplanck Mtg. 10am	<b>21</b> Low Impact 10:15am  Zumba 12:15pm
<b>24</b> Line Dancing 10:30am  Coffee Hour 12:00pm	<b>25</b> Nor-Cort Meeting 10:30am Lunch Bingo	<b>26</b> Cortlandt Meeting 10:30am Lunch Bingo	<b>27</b> Chair Yoga 10:30am Wii Bowling 11:45am Mah Jong and Card Playing 12:00pm  Verplanck Mtg. 10am	<b>28</b> Low Impact 10:15am  Zumba 12:15pm
<b>31</b> Line Dancing 10:30am  Coffee Hour 12:00pm				<b>PLEASE NOTE:</b> CALENDARS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE!!

We ask that you please provide us with proof of full Covid-19 vaccination.

If you choose not to, you **MUST** wear your mask indoors regardless of your vaccination status.

Friendly  
Reminder

# TOWN OF CORTLANDT SCHEDULE of EVENTS

**IMPORTANT:** We ask that you provide us with proof of full COVID-19 Vaccination. If you chose not to, we will ask you to wear your mask indoors regardless of your vaccination status.

**Winter Weather Policy:** If the Lakeland School District is delayed or closed for the day ALL Senior Programs & transportation at the Community Center are cancelled. Listen to WHUD or WLNA radio. Feel free to call the center (914) 528-1572 for information.

**Pizza & Movie:** January 7th, \$5.00 for pizza, drink and dessert. "The Call of the Wild" starring Harrison Ford and Omar Sy. Buck is a big hearted dog whose blissful domestic life gets turned upside down when he is suddenly uprooted from his California home to the wilds of the Alaskan Yukon in the 1890's. Pre-registration required with payment.

**Big Bingo:** Wednesday, January 19th at 12:30pm. Entrance fee is \$7.00 paid in advance includes 1 card for each game. Additional cards, daubers and bonus games will be available for purchase. Pre-registration is required with payment.

**Trip Opening Day:** Tuesday, January 11th @9:00am. We will taking reservations for Fascia's Chocolate Tour and NYC Broadway Musical. Payment required at sign-up. Checks payable to "Town of Cortlandt".

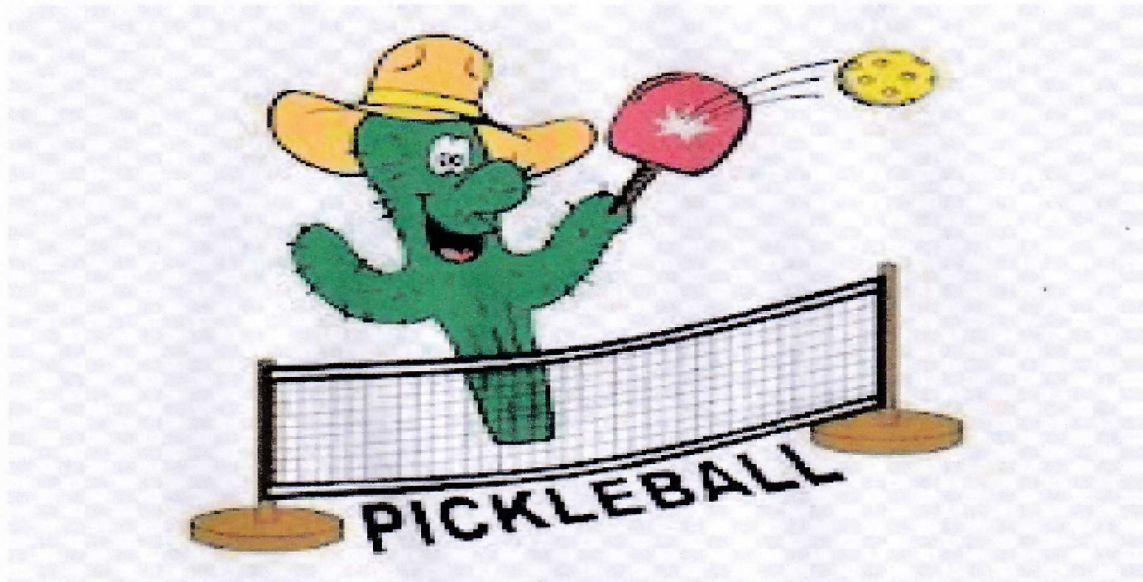
Evelyn, our ceramics instructor. will be in Florida from January to April. There are many new pieces and you may see them now and work on them while she is away. Any questions see office staff.

**IPad Basic Course:** Look for it coming up in February. Taught by Helen Markus.

**Coffee Hour** is back on Mondays at 12 Noon. Coffee will be provided. Feel free to bring snacks.

**PLEASE NOTE:** Our Veteran's Meeting will now be held once a month on Wednesdays at Town Hall. Please ask for a schedule of dates.





Attention: All Active Seniors

Come see what Pickleball is all about on Monday, January 10<sup>th</sup> at 12:30 PM at the Community Center. With enough interest we can see about getting a group to play on Monday afternoons.

Any questions or to signup please call

914-528-1572