



Village of Croton-on-Hudson

WINTER

2024

Recreation Brochure



The Village of
CROTON-on-HUDSON
NEW YORK

WWW.CROTONONHUDSON-NY.GOV

VILLAGE of CROTON on HUDSON

Brian Pugh, Mayor
Ann Gallelli, Deputy Mayor / Trustee
Nora Moriarty Nicholson, Trustee
Cara Politi, Trustee
Len Simon, Trustee
Bryan Healy, Village Manager

DEPARTMENT of RECREATION and PARKS

One Van Wyck Street
Croton-on-Hudson, NY 10520
Hours: Monday – Friday 8:30 AM - 4:00 PM
Recreation Department, Phone: (914) 271-3006
Senior Director, Phone: (914) 271-5804
Parks / Maintenance, Phone: (914) 271-3775

Mark Duncan, Recreation Superintendent
mduncan@crotononhudson-ny.gov
Valerie Nolan, Recreation Assistant
vnolan@crotononhudson-ny.gov
Patrice Grilli, Office Assistant
pgrilli@crotononhudson-ny.gov
Joanna Straub, Director of Senior Recreation
jstraub@crotononhudson-ny.gov

RECREATION ADVISORY COMMITTEE

Maria Slippen, Chairperson
Steve Baranowski Karen Pecora
Emily Boglioli Peter Sedlmair
Debi Braddick



Facebook @Crotongov



Instagram Village of Croton

Stay Connected, Subscribe to E-Alerts for Village News & Announcements!

<https://www.crotononhudson-ny.gov/subscribe>

w w w . c r o t o n o n h u d s o n - n y . g o v

MISSION STATEMENT

It is the mission of the Village of Croton-on-Hudson Recreation Department:

To create and maintain aesthetically pleasing, safe, healthful, and enjoyable areas for residents; to provide positive, cost-effective leisure opportunities which promote individual and community wellness for children, youth, adults and seniors; to promote the preservation and appropriate utilization of the Village's recreational resources.

2024 REGISTRATION INFORMATION

This brochure provides a description of recreation programs, facilities and special events offered for **WINTER 2024** by the Village of Croton-on-Hudson's Recreation Department. Most classes and programs have limited availability and are offered on a first-come, first-served basis. Early registration is encouraged. Programs may be canceled due to insufficient registration.

Village Residents are defined as those who live within the boundaries of the incorporated Village of Croton-on-Hudson, and therefore pay taxes to the village. The programs and facilities of the Recreation Department are also made available to those who reside within the Croton-Harmon School District yet outside the village boundaries. In most cases, School District residents are required to pay a higher "non-resident" fee; although they are given equal priority in the registration process. If there are still openings in certain programs after Village and School District residents have had an opportunity to register, the department will consider non-resident applications, at a higher fee, on a per-program basis.

A Mail-in registration form, located in the back of this brochure, may be used for most programs.

Checks Payable: "Village of Croton" (separate check for each program).

Address: Village of Croton / Recreation Dept., One Van Wyck Street, Croton-on-Hudson, NY 10520

A blue drop box is available outside of the Municipal Building (by the west, exterior stairs).

Credit Card Payment is available online and in the Recreation Department.

2024 ONLINE REGISTRATION AND PAYMENT

<https://www.crotononhudson-ny.gov/recreation-parks>

"WINTER 2024 ONLINE PROGRAM REGISTRATION"

Questions about our programs, please call Croton Recreation at (914) 271-3006

<https://www.crotononhudson-ny.gov/recreation-parks>



w w w . c r o t o n o n h u d s o n - n y . g o v

HOW TO WATCH A GOOD PROGRAM BE ELIMINATED!

PLEASE REGISTER EARLY! Nothing eliminates a recreation program faster than participants who wait until the last minute to register. There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination, including facility scheduling, staffing and purchasing of supplies.

REFUND POLICY

The Village of Croton-on-Hudson Recreation Department does not issue refunds unless a program has been cancelled due to insufficient enrollment or in cases where a participant is medically unable to participate. In cases where a refund is being requested for medical reasons after the program has begun, a doctor's note must be submitted with the refund request. Registrants assume full responsibility for all other changes in their personal life which may affect their ability to participate.

In rare cases, a participant may encounter an unforeseeable and unavoidable situation that they feel may warrant a refund of fees paid. These situations will be reviewed on a case-by-case basis by the Recreation Superintendent, who will then make a refund determination.

\$15 Processing Fee will be retained by the Village in all cases that refunds, or partial refunds, are granted.

\$20 Charge on all returned checks.

Please note that if you pay by credit card for a program, the village is unable to refund processing fees. The processing fee is retained by the village's third-party card processor.

FINANCIAL AID POLICY

It is the intention of the Village of Croton-on-Hudson Recreation Department to assist **Village Residents** by offering financial aid to those in need. Financial aid applications will be accepted for the following programs only: Senior citizen programs (excluding trips), some youth programs and summer camps. Applications are available in the Recreation Office. Residents must be able to prove financial need. All information will be kept confidential.

MEDICAL INSURANCE

The Village of Croton-on-Hudson DOES NOT provide medical insurance. If you do not have a personal medical insurance policy, we strongly urge you to secure coverage prior to enrollment in any of our programs. All persons participate at their own risk.



www.crotononhudson-ny.gov

VILLAGE of CROTON PARKS

The Recreation and Parks Department manages and maintains several parks and recreation facilities throughout the village for community enjoyment. including Senasqua Park, Silver Lake Park, Croton Landing, Dobbs Park, Duck Pond Park, Sunset Park, Harrison Street Park, Vassallo Park, Black Rock Park / Dog Park, Firefighters Memorial Field, Gouveia Park and Echo Canoe Launch.

www.crotononhudson-ny.gov/recreation-parks/pages/village-parks-trails-and-open-space-areas

The following rules & restrictions apply to ensure our parks remain beautiful, safe & clean:

- * Please help keep our parks clean, carry in / carry out or use provided trash receptacles when available
- * No playing on athletic fields when a "Fields Closed" sign is posted.
- * No sales, fundraising, charging admission fees of any kind
- * No vehicles permitted in the parks, including bicycles, skateboards & scooters
Exception, Bicycles & Scooters are permitted on the Croton Landing Riverwalk Trail.
- * **No dogs or any other domestic animals** permitted in village parks;
Exception, leashed dogs are permitted at the Croton Landing River Walk Trail and Black Rock Park.

Fields will close for the winter season on November 13 & re-open in April

Black Rock Dog Park

Available for Village Residents M-F 8:00am-8:00pm (April 1-Sept 30)
M-F 8:00am-6:00pm (Oct 1-March 31) Saturday & Sunday 10:00am-4:00pm
All dogs must be registered and a dog park permit is required.
Please contact the main village office for additional information: 271-4781

RECREATION PHOTO ID CARDS

Recreation Photo ID cards are issued on Tuesdays & Thursdays from 9:00-3:30 in the rec office.

Fee: Village Residents \$9.00 / Village Seniors 62+ FREE

Fee: School District Residents \$15 / School District Seniors 62+ \$10.00

Recreation ID cards are valid for 3 years & are required for ages 4 and older

Two proofs of residency required: driver's license plus, a tax bill, bank statement or utility bill.

Photo ID Card Registration & Credit Card Payment is Available Online:

<https://www.crotononhudson-ny.gov/recreation-parks/pages/2023-village-croton-recreation-photo-id-cards>



WINTER WEATHER POLICY – If Croton Harmon Schools are closed due to inclement weather, recreation programs are cancelled. Questions? Please call the recreation Dept at 271-3006



Additional information regarding the use of Village parks may be found in Village Code Chapter 168 which is posted on the Village website. Enjoy your visit!

www.crotononhudson-ny.gov



CROTON RECREATION

VILLAGE of CROTON - RECREATION SUMMER EMPLOYMENT
DAY CAMP / TINY TOTS / LIFEGUARDS / GATE ATTENDANTS

2024 Summer Employment Opportunities

Available at Day Camp, Tiny Tots Camp, Lifeguards at Silver Lake and Gate Attendants.

Applications Accepted Starting January 2, 2024

<https://www.crotononhudson-ny.gov/recreation-parks/files/application-employment>

Those selected for an interview will be contacted mid-March / early April

Employment decisions will be made first week of May

Applicants Must be 16 years old (as of July 1) – Lifeguards Must be 15 years old
Working papers required for those under 18 years of age (issued by school guidance dept)

DAY CAMP / TINY TOTS

Camp Counselors, Art Specialist, Sports Specialist

If you are enthusiastic, dependable and enjoy working with children, then you may be the candidate we are looking for! We are interested in quality staff members who are professional. Must be available to work for the entire camp season.

LIFEGUARDS AT SILVER LAKE

Requirements: Applicants must have valid certification for Waterfront / Lifeguard / First Aid & CPR for Professional Rescuer. Please include a copy of certifications with your application. Mandatory Orientation Date: Early June Must be available to work entire season & weekends.

GATE ATTENDANTS

Silver Lake and Senasqua Park:

Orientation: Early June Must be available to work entire season and on weekends.



w w w . c r o t o n o n h u d s o n - n y . g o v



Village of Croton-on-Hudson – Winter 2023 / 2024

SPECIAL EVENTS

LETTERS FOR SANTA

Dates: Friday, December 1 - Friday, December 15

Location: Mailboxes located at Municipal Building & SaveMor Drugstore

Greetings from the North Pole - Santa's Elves will place special mailboxes at the Municipal Building and SaveMor Drugstore.

*Children may write letters to Santa and receive a personalized response back.

* Place letter in designated mailbox by December 15 (no postage required)

* Must include child's name and a return address (Please Print Clearly)

* Program available for Croton Village & School District Residents Only!



HOLIDAY TOY DRIVE

*Sponsored by the Croton Police Department
& Croton Caring Committee*

Date: Sunday, December 10

Time: 12:00 PM – 4:00 PM

Location: Municipal Building, Community Room

Bring a toy, enjoy some holiday treats and take a photo with Santa!

New, unwrapped toys only - Toys for all ages welcome.



HOLIDAY HOME DECORATING CONTEST

Light up the winter by showing off your best seasonal display!

Village residents who wish to participate, may **register** your home by **12/15** and it will be featured on the **Village of Croton Holiday Home Map**.

The map will be available on the recreation department website.

Enjoy a self-guided tour throughout the village & then vote for your favorite home.

Winners will be announced in January. Prizes awarded to the top 3 holiday houses.

Please see the Croton Recreation Department website for additional information.

<https://www.crotononhudson-ny.gov/recreation-parks>



w w w . c r o t o n o n h u d s o n - n y . g o v

SEASONAL ACTIVITIES

ICE SKATING at DUCK POND PARK



Ice Skating is available at Duck Pond Park on Bungalow Road – Weather & Safety Permitting.

GREEN FLAG = the ice is safe / **RED FLAG** = unsafe conditions & skating is NOT permitted.

New York State law requires 6 inches of ice for safe skating

Skating is UNSUPERVISED – for your own safety and protection never go skating by yourself.



2024 SUMMER CAMP REGISTRATION- BEGINS MARCH 18

DAY CAMP open to campers entering 1st Grade through the completion of 6th Grade

Day Camp Location: Croton School TBD **Time:** 9:00 AM - 2:15 PM

TINY TOTS CAMP open to campers Ages 4-6

Tiny Tots Location: PVC Middle School **Time:** 9:15 AM - 12:15 PM

Forms available starting 3/18 - online, in the Recreation Dept. & at the Croton Free Library.

Completed registration forms, immunization records & full payment required!

Camp registration is on a first come – first served basis. Register early, space is limited!

<https://www.crotononhudson-ny.gov/recreation-parks>



KAYAK & CANOE STORAGE RACKS -2024

Kayak & Canoe Storage is Available at Echo Canoe Launch & Croton Landing

Season: April 13 - November 2 / Hours: 7:00 AM – 9:00 PM

Village & School District Residents may register by lottery; from March 11– March 28

Afterwards, available spots will be filled on a first come – first served basis

Non-Residents may register starting April 1

Applications will be available online & at the Croton Recreation Department



CROTON COMMUNITY GARDEN

Winter is the perfect time to start planning your spring garden!

Location: Municipal Building & Silver Lake Parking Lot

Garden plots are available for Croton Village Residents only.

For additional information, Email: communitygarden@crotononhudson-ny.gov

Stay Connected – Sign Up for Village Newsletter, E-Alerts & Communications!

<https://www.crotononhudson-ny.gov/subscribe>



Facebook @Crotongov



Instagram Village of Croton

w w w . c r o t o n o n h u d s o n - n y . g o v



YOUTH ACTIVITIES



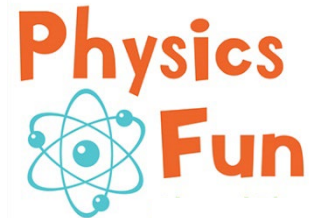
WINTER BREAK PROGRAMS

* DECEMBER *

FUN WITH PHYSICS

Act# 1380 Sec 3

Date: Wednesday, December 27
Time: 9:30 AM - 2:30 PM
Location: Community Room
Fee: \$70.00 Village Residents
 \$85.00 School District / Non-Resident
Grades: 1 - 4
Instructor: Super Science



Get ready for science fun! Perform magical physics demonstrations involving Newton's laws of motion, electricity, air pressure, ultraviolet light, optics, and more. Build a solar-powered car; experiment with spinning tops, gyroscopic motion, discover principles of flight, and construct a working fountain. Plus, make a solar-powered car to take home with you!
Please bring a snack, drink and lunch.



MINI-BOTS & ROBOTICS EXPLORERS

Act# 1381 Sec 3

Date: Thursday, December 28
Time: 9:30 AM - 2:30 PM
Location: Community Room
Fee: \$70.00 Village Residents
 \$85.00 School District / Non-Resident
Grades: 1 - 4
Instructor: Super Science



Have fun building, creating and using your imagination. Construct Mini-Bots from a huge selection of robotic modular components, including the NEW Sphero robots. Participate in robot challenges and ramp races. Learn engineering principles along with an intro to coding, in a fun, hands-on atmosphere. Plus, make a Hexbug robot to take home with you!
Please bring a snack, drink and lunch.



YOUTH ACTIVITIES



WINTER BREAK PROGRAMS

* FEBRUARY *

FANTASTIC FLYING MACHINES

Act# 1382 Sec 3

Date: Wednesday, February 21
Time: 9:30 AM - 2:30 PM
Location: Community Room
Fee: \$70.00 Village Residents
 \$85.00 School District / Non-Resident
Grades: 1 - 4
Instructor: Super Science



Take to the skies with airplanes, min-drones and other flying machines! Join us for an introduction to the world of unmanned aerial vehicles (UAVs) and flight. Learn about the principles of flight while experimenting with different types of gliders, planes, flying gadgets, gyroscopes and much more. Make a glider and helicopter toy to take home with you!

Please bring a snack, drink and lunch.



LEGO BUILDING & MACHINES

Act# 1383 Sec 3

Date: Thursday, February 22
Time: 9:30 AM - 2:30 PM
Location: Community Room
Fee: \$70.00 Village Residents
 \$85.00 School District / Non-Resident
Grades: 1 - 4
Instructor: Super Science



Calling all LEGO enthusiasts! Come have fun building your favorite adventure from many themes and a vast assortment of components. Offered projects include - Star Wars, City Architecture, Friends, Creator, Technic, and much more. Enjoy building from a wide assortment of components, education technic machines plus, create a project that illustrate a science concept. Make a LEGO model to take home with you!

Please bring a snack, drink and lunch.



YOUTH ACTIVITIES

AFTER SCHOOL PROGRAMS AT C.E.T GAME DAYS – FUN CLUB!

Afterschool fun and games with LEAP!

Join the instructors from LEAP, an innovative program dedicated to nurturing young minds through teamwork, leadership and problem solving.

Students will enjoy playing various games, while building skills and developing self-confidence in a structured and supportive setting.

Come join the fun and experience LEAP a unique fun & games program.

Please pick up promptly at 4:00 in the front circle at CET

GAME DAYS – Grades 1&2

Act# 1410 Sec 3

Dates: Tuesdays, beginning January 9 for **8 sessions**

No class February 20

Time: 2:30 - 4:00 PM

Location: CET Gym

Fee: \$130.00 Village Residents
\$150.00 School Dist/Non-Residents

Instructor: LEAP Enrichment Staff

Registration Deadline: January 2



GAME DAYS – Grade 3&4

Act# 1411 Sec 3

Dates: Thursdays, beginning January 11 for **8 sessions**

No Class February 22

Time: 2:30 - 4:00 PM

Location: CET Gym

Fee: \$130.00 Village Residents
\$150.00 School Dist/Non-Residents

Instructor: LEAP Enrichment Staff

Registration Deadline: January 4



YOUTH ACTIVITIES

AFTER SCHOOL PROGRAMS AT C.E.T

Soccer Clinic – Grade 3

Act# 1510 Sec 3

Dates: Wednesdays, beginning January 17 for **6 sessions**
No class February 7 & February 21

Time: 2:30 – 4:00 PM

Location: CET Gym

Fee: \$120.00 Village Residents /
\$135.00 School Dist. Residents

Instructor: Toni Marie Feliu, Soccer Coach

Registration Deadline: January 10

Join us for soccer skills & drills afterschool at C.E.T. This is an instructional program designed to enhance and build on skills in a fun and energetic environment.

Develop skills and learn techniques such as first touch, receiving and dribbling.

Wear sneakers, bring a water and have fun!



Soccer Clinic – Grade 4

Act# 1511 Sec 3

Dates: Fridays, beginning January 19 for **6 sessions**
No class February 23

Time: 2:30 – 4:00 PM

Location: CET Gym

Fee: \$120.00 Village Residents /
\$135.00 School Dist. Residents

Instructor: Toni Marie Feliu, Soccer Coach

Registration Deadline: January 12

Join us for soccer skills & drills afterschool at C.E.T. This is an instructional program designed to enhance and build on skills in a fun and energetic environment.

Develop skills and learn techniques such as first touch, receiving and dribbling.

Wear sneakers, bring a water and have fun!



Please pick up promptly in the front circle at CET

w w w . c r o t o n o n h u d s o n - n y . g o v

YOUTH ACTIVITIES

BASKETBALL CLINICS at PVC

Join us for youth basketball fundamentals. This is an instructional program designed to enhance the skills of young players in a fun and energetic environment.

Participants will develop skills and learn new techniques such as ball handling, passing, shooting and dribbling. Come have fun and take your basketball game to the next level!

Bring a water bottle, wear sneakers, basketballs will be provided.

BASKETBALL – 1st Grade

Act# 1501 Sec 3

Dates: Saturdays, beginning January 6 for **5 sessions**

No Class January 27

Time: 8:30 - 9:30 AM

Location: PVC New Gym

Fee: \$55.00 Village Residents
\$65.00 School Dist/Non-Residents

Registration Deadline: December 29



BASKETBALL -2nd Grade

Act# 1502 Sec 3

Dates: Saturdays, beginning January 6 for **5 sessions**

No Class January 27

Time: 9:30 - 10:30 AM

Location: PVC New Gym

Fee: \$55.00 Village Residents
\$65.00 School Dist/Non-Residents

Registration Deadline: December 29



BASKETBALL – Grades 3 & 4

Act# 1503 Sec 3

Dates: Saturdays, beginning January 6 for **5 sessions**

No Class January 27

Time: 10:30 - 11:30 AM

Location: PVC New Gym

Fee: \$55.00 Village Residents
\$65.00 School Dist/Non-Residents

Registration Deadline: December 29



YOUTH ACTIVITIES

WIGGLE & SQUIGGLE

Act# 1314 Sec 3

(Ages 2 – 4 with Caregiver)

Date: Thursdays, beginning February 8 for **6 sessions**

No Class February 22

Time: 9:30-10:30

Location: Recreation Conference Room

Fee: \$115.00 Village Residents
\$125.00 School Dist/Non-Residents

AGES: Ages 2-4 with Caregiver

Instructor: Whitney Webster, Creative Arts Educator

Registration Deadline: February 1

Join Whitney for Wiggle & Squiggle Fun! Explore the sensory world around you through art, movement and song, in this hands-on, engaging class. This creative arts and movement class is designed especially for little ones with their caregivers. Wiggle & Squiggle - will make you giggle!



BABYSITTER TRAINING WITH CPR

Act# 1315 Sec 3

Date: Saturday, March 16

Time: 12:00-4:00PM

Location: Municipal Building Community Room

Ages: 11-15

Fee: \$85.00 Village /\$95.00 School Dist/Non-Residents

Instructor: Kathy Margiasso

Registration Deadline: February 23

This course will prepare students with the training every parent wants in a babysitter! Topics covered include; safety, basic childcare, safe play, critical emergency action skills, CPR and first aid. The student will become certified in babysitting with CPR. **Please bring a water bottle & lunch**



STROLLER STRIDES FITNESS

Ages: Babies with Caregivers

Instructor: Dana Pavella, Fit4Mom

www.yorktown.fit4mom.com

For additional information and to register, please refer to website.

Stroller Strides is a total fitness program that moms can do with their babies while in their stroller. It includes power walking, intervals of strength, and body toning exercises using the stroller and the environment. Stroller Strides instructors weave songs & activities into the routine designed to entertain and engage baby, while moms are lead through a series of exercises. Come join the fun!





ADULT & TEEN ACTIVITIES

DRAWING & PAINTING WITH LAUREL

ACT# 2201 Sec 3

ADULT & TEENS 15+

Dates: Wednesdays, beginning January 17 for **4 Sessions**

Time: 5:00 - 7:00 PM

Location: Recreation Conference Room

Fee: \$80.00 Village Residents
\$95.00 School Dist /Non-Residents

Supply List Available

Registration Deadline: January 10

Instructor: Laurel Shute, MFA, Teaching Artist



Jumpstart your creativity with teaching artist, Laurel Shute. Explore light, shadow, color and composition. Hone your art skills of observation, gesture, color mixing and brushstroke. Students will learn from demonstrations, examples of art and class discussion. Enjoy both drawing and painting in the medium of your choice, including landscape, still-life and abstracts. Come create in a fun and supportive environment. All levels welcome!



PRINTMAKING WORKSHOP

ACT# 2103 Sec 3

ADULT & TEENS 15+

Dates: Wednesdays, beginning February 28 for **4 Sessions**

Time: 5:00 - 7:00 PM

Location: Recreation Conference Room

Fee: \$120.00 Village Residents
\$135.00 School Dist /Non-Residents

Some Materials Provided & additional supplies will be suggested

Registration Deadline: February 21

Instructor: Laurel Shute, MFA, Teaching Artist



Join teaching artist Laurel Shute and discover innovative ways to make handmade prints in this 4-week workshop. Focus on printmaking techniques such as linocut, monotype and stenciling. Learn step by step how to plan an image, design a pattern, carve a linocut, print 2-color and multi-block linocuts, monotype, while finding out about a variety of papers for printmaking, from delicate rice paper to sturdy Stonehenge paper. Come, get your ideas out of your sketch book! Open to adults and mature teens of all levels.

ADULT ACTIVITIES

INTRO TO POTTERY

Act# 2052 Sec 3

Dates: Tuesdays, beginning March 19 for **8 sessions**
No class April 2 & April 23

Time: 7:00 - 9:00 PM

Location: PVC Art Room (Middle School)

Fee: \$185.00 Village Residents
\$200.00 School Dist/ Non-Res

**Some Supplies Provided, plus a \$25 Material Fee Paid Directly to Instructor*

Registration Deadline: March 12

Instructor: Kerry Goldberg, Teaching Artist

Explore the art of hand-building, an ancient pottery technique that involves creating forms, using your hands and simple tools. This class will introduce the basics of pinch, coil and slab building. Learn about surface decoration, glaze application, firing process and take home your completed creations. No prior experience required, come learn, create & have fun with clay!



ADVANCED POTTERY TECHNIQUES

Act# 2054 Sec 3

Dates: Tuesdays, beginning March 12 for **11 sessions**
No class April 2 & April 23

Time: 7:00 - 9:30 PM

Location: CHHS Art Room (High School)

Fee: \$250.00 Village residents
\$270.00 School Dist / Non-Residents

**Material Fee Paid Directly to Instructor*

Registration Deadline: March 4

Instructor: Susan Posmentier, Teaching Artist

Advanced pottery techniques, designed for those with prior experience looking to work independently and enhance skills in a creative environment. Create hand-built functional pieces, with an emphasis on slab and coil techniques. Explore texturizing clay with rubber stamps, rollers and other found objects.



www.crotononhudson-ny.gov



ADULT ACTIVITIES

ASTROLOGY WORKSHOP w/ KRISTY

Act# 2191 Sec 3

ADULT & TEEN - Intro to Astrology: How to Be Your Own Astrologer

Dates: Friday, March 1
Time: 6:30 - 8:30 PM
Location: Municipal Building, Recreation Conference Room
Fee: \$25.00 Village Residents
 \$35.00 School Dist / Non-Residents



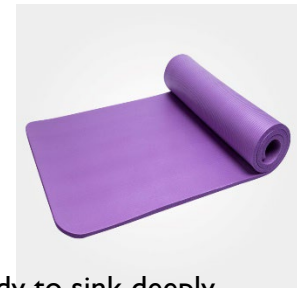
Registration Deadline: February 3
Instructor: Kristy Cohen, CKYT, CVA, M.Ed.

Delve into the fascinating world of astrology with Kristy Cohen. This introductory workshop will provide you with the essential knowledge and skills to begin interpreting your own birth chart, enabling you to navigate celestial energies and cultivate a deeper understanding of yourself. You will receive a printed copy of your birth chart, learn how to read it and how the planets continue to activate and affect your life.

YIN YOGA w/ KRISTY

Act# 2195 Sec 3

Dates: **Mondays**, beginning January 22 for **8 sessions** (No Class February 19)
Time: 10:00AM -11:00 AM
Location: Municipal Building, Recreation Conference Room
Fee: \$125.00 Village Residents
 \$135.00 School Dist / Non-Residents



Registration Deadline: January 15
Instructor: Kristy Cohen, CKYT, CVA, M.Ed.

Yin Yoga focuses on aligning the body, breath and mind allowing the body to sink deeply into a pose with little effort to release the body's connective tissue, fascia. This is a quiet, slow practice where poses are held for 3- 5 minutes This class requires no prior experience, designed for students of all levels.

GENTLE YOGA FLOW w/ KRISTY

Act# 2196 Sec 3

Dates: **Wednesdays**, beginning January 10 for **10 sessions** (No Class February 21)
Time: 9:30AM -10:30 AM
Location: Municipal Building, Recreation Conference Room
Fee: \$155.00 Village Residents
 \$165.00 School Dist / Non-Residents



Registration Deadline: January 3
Instructor: Kristy Cohen, CKYT, CVA, M.Ed.

Enjoy a gentle flow of yoga poses that build energy combined with Yin postures that allow for a slow deep release. All levels welcome – No experience necessary.

ADULT ACTIVITIES

RISE & SHINE YOGA w/ ALEXA

Act# 2197 Sec 3

Dates: Fridays, beginning January 19 for 8 sessions

No Class February 23

Time: 9:00 - 10:00 AM

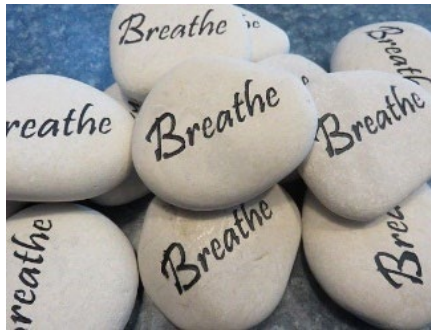
Location: Municipal Building, Recreation Conference Room

Fee: \$125.00 Village Residents
\$135.00 School Dist/Non-Res

Registration Deadline: January 12

Instructor: Alexa Wolkoff, RYT

Rise & Shine Yoga with Alexa, is an uplifting class, catering to students with some prior experience. Supine, seated and standing poses are incorporated into each class as well as breathwork and meditation. Release tension and restore balance – all while quieting the mind.



HATHA YOGA w/ ALEXA (Sundays)

Act# 2187 Sec 3

Dates: Sundays, beginning January 21 for 8 sessions

No Class February 18 & February 25

Time: 10:00AM - 11:00 AM

Location: Municipal Building, Recreation Conference Room

Fee: \$125.00 Village Residents
\$135.00 School Dist/Non-Res

Registration Deadline: January 14

Instructor: Alexa Wolkoff, RYT

Join instructor Alexa for Hatha Yoga, a nurturing class designed for students of all levels. Practice stretches, breath work and simple yoga poses. Focus on the healing effects of breath, proper alignment and positive energy. Release tension, build strength and reduce stress



ADULT ACTIVITIES

SLOW FLOW YOGA w/ ALEXA (Evening)

Act# 2188 Sec 3

- Dates:** Thursdays, beginning January 18 for 8 sessions
No Class February 22
- Time:** 5:30 - 6:30 PM
- Location:** Municipal Building, Recreation Conference Room
- Fee:** \$125.00 Village Residents / \$135.00 School Dist/Non-Res
- Registration Deadline:** January 11
- Instructor:** Alexa Wolkoff, RYT



Gentle, Slow Flow Yoga, join Alexa at the end of the day to slow down, reconnect and recalibrate. This is a slow, mindful flow class which is suitable for beginners as well as seasoned practitioners. Meditation and restorative poses are part of each class.



VINYASA YOGA FLOW w/ Cathy (Evening)

Act# 2199 Sec 2

- Dates:** Mondays, beginning January 22 for 8 sessions
No Class February 19
- Time:** 7:00 - 8:00 PM
- Location:** Municipal Building, Recreation Conference Room
- Fee:** \$125.00 Village Residents /
\$135.00 School Dist / Non-Res
- Registration Deadline:**



Instructor: Cathy Deutchman, 200-hour RYT in Vinyasa Yoga

Vinyasa Yoga Flow, an energizing class - students of all levels are welcome. Enjoy a playlist of upbeat music and dharma weaved throughout. This uplifting class is designed to increase strength, balance, flexibility, in community with other Yoga practitioners.

ADULT 30+ ACTIVITIES

INDOOR SOCCER - TUESDAYS

Act# 2009 Sec 3

Dates: Tuesdays, beginning January 9 for **10 sessions**
No class February 20

Time: 7:30 – 9:00 PM

Location: PVC New Gym

Fee: \$95.00 Village Residents / \$105.00 School Dist/Non-Res

Ages: Adults 30 + years

Registration Deadline: January 2



Adults 30+ take part in the fast-paced action of indoor soccer. This program is great for staying fit and active during the winter months. Come join the fun!

INDOOR SOCCER – THURSDAYS

Act# 2012 Sec 3

Dates: Thursdays, beginning January 11 for **10 sessions**
No class February 22

Time: 7:30 - 9:00 PM

Location: PVC New Gym

Fee: \$95.00 Village Residents / \$105.00 School Dist/Non-Res

Ages: Adults 30 + years

Registration Deadline: January 4



BASKETBALL OPEN GYM - MONDAYS

Act# 2008 Sec 3

Dates: Mondays, beginning January 8 for **10 sessions**
No class January 15 & February 19

Time: 7:30 - 9:00 PM

Location: PVC New Gym

Fee: \$95.00 Village Residents / \$105.00 School Dist/Non-Res

Ages: Adults 30 + years

Registration Deadline: January 2



Adults 30+ enjoy a fun & friendly game of pick-up basketball at the PVC New Gym

BASKETBALL OPEN GYM - WEDNESDAYS

Act# 2011 Sec 3

Dates: Wednesdays, beginning January 10 for **10 sessions**
No class February 7 & February 21

Time: 7:30 - 9:00 PM

Location: PVC New Gym

Fee: \$95.00 Village Residents / \$105.00 School Dist/Non-Res

Ages: Adults 30 + years

Registration Deadline: January 3



www.crotononhudson-ny.gov

ADULT 60+ ACTIVITIES

JAZZ HISTORY

Act# 3171 Sec 3

A Four-Part Lecture Series

Dates: 4 Tuesdays, Feb 13, Feb 20, Feb 27 & March 5

Time: 11:00AM - 1:00 PM

Location: Municipal Building, Community Room

No Fee: **FREE**, pre-registration is requested

Registration Deadline: February 6

Instructor: Prof. Sam Raderman, WCC Mainstream

Explore the evolution of jazz from its African American, African and European roots to its current position as a uniquely American Art form. Styles we will study include Early Blues, Ragtime, New Orleans Jazz, The Roaring 20's, The Swing Era and Bebop. An emphasis will be placed on in class listening and discussion of a wide range of jazz recordings.

This program is provided by Westchester Community College Mainstream Program and funded through the US Department of Health & Human Services- Administration on Aging (AoA), New York State Office for the Aging, and Westchester County Department of Senior Programs and Services.



CROTON HISTORICAL SOCIETY PRESENTATION

THE STONE HOUSES

Act# 3603 Sec3

Date: Thursday, January 18

Time: 10:00 AM – 12:00 PM

Location: Municipal Building, Community Room

Free: No fee, registration requested

Registration Deadline: January 11

Instructor: Marc Cheshire, Croton Village Historian

The Stone Houses were constructed in the Village of Croton between 1900 and 1938. Village Historian Marc Cheshire will take us behind the stone walls to see these remarkable homes and learn about some of the famous people who lived in them.



www.crotononhudson-ny.gov

ADULT 60+ ACTIVITIES

TRAVELOGUE SERIES

ACT# 3172 Sec 3A, 3B, 3C

Three Sessions – Three Countries

Dates: 3A Tuesday, January 23 – Japan
3B Tuesday, February 6 – Peru
3C Tuesday, March 19 – Greek Islands

Time: 1:00 - 2:30 PM

Location: Municipal Building, Community Room

No Fee: FREE, pre-registration is requested

Registration Deadline: One week prior to program

Instructor: Joanna Straub, Director of Senior Programs

Chase away the winter blues as we experience beautiful and diverse destinations. Watch a short travelogue exploring the culture, art and landscapes of Japan, Peru and the Greek Islands. Afterwards enjoy conversation and tasty treat inspired by the country. Continue the journey with a meal at a local restaurant specializing in food from the country. Group lunch trip is optional, please see trip flyer for lunch dates, location and registration information.



DAHLIAS FOR GARDENERS

ACT# 3173 Sec 3

Presented in partnership with the Croton Garden Club

Dates: Saturday, March 2 (snow date, March 23)

Time: 10:00 AM - 12:00 PM

Location: Municipal Building, Community Room

No Fee: FREE

pre-registration is requested, but walk-ins welcome

Registration Deadline: February 26

Instructor: Ken Pojman, Dahlia Gardener

Learn how to grow your own beautiful dahlias from instructor Ken Pojman, who has one of Croton's most magnificent dahlia gardens at his home. Learn the ins and outs of tuber selection, planting, care & maintenance, and dealing with pests & diseases





ADULT 60+ ACTIVITIES

WINTER 2024 - DAY TRIPS

All trips depart from the ShopRite parking lot - Please see trip flyer for details

THE BOYS IN THE BOAT (MOVIE & LUNCH)

Act# 4205 Sec 3

Date: Wednesday, January 10 **Time:** Movie Matinee Time TBD

Fee: \$3 Village Residents / \$5 School District / Non-Residents

(Bring \$12.50 for movie ticket, Individual checks provided) Join us for **Boys in the Boat**, an inspirational true story, based on the novel. Movie at Cortlandt Town Center & lunch at Applebee's.



JAPANESE HIBACHI LUNCH

Act# 4200 Sec 3

Date: Wednesday, January 31 **Time:** 12:00 PM - 2:00 PM (Individual checks provided)

Experience the cuisine of Japan at Samurai Sushi & Hibachi right here in Croton.

Enjoy the spectacle as the hibachi chef, wows you with their culinary talent, preparing your meal right in front of you. Please see flyer for details.



AJI LIMON PERUVIAN CUISINE

Act# 4201 Sec 3

Date: Wednesday, February 21 **Time:** 12:00 - 2:00 PM

Fee: \$3 Village Residents / \$5 School District / Non-Residents (Individual checks provided)

Join us for the armchair travel to Peru, continue the experience with a group lunch at Aji Limon, Peruvian restaurant in Ossining. Enjoy delicious and authentic Peruvian cuisine.



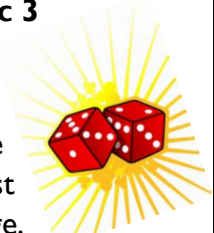
RESORTS WORLD CASINO

Act# 4202 Sec 3

Date: Thursday, March 28 **Time:** 9:30 AM Depart - Return 4:30 PM

Fee: \$5 Village Residents / \$8 School District / Non-Residents

Try your luck at Resorts World Casino in Monticello. Trip includes transportation on the Croton min-bus plus a \$25 bonus package and \$15 lunch voucher. Note: Participants must bring a valid, official photo ID to access casino transactions and to receive a bonus package.



PIATO GREEK KITCHEN

Act# 4203 Sec 3

Date: Wednesday, April 3 **Time:** 12:00 - 2:00 PM **Fee:** Individual checks provided

Following the armchair travel to the Greek Islands, continue the experience with a group lunch at Piato Greek Kitchen right here in Croton. Enjoy delicious and authentic Greek cuisine. Individual checks will be provided, please see flyer for details.



BEAUTIFUL. THE CAROLE KING MUSICAL

Act# 4204 Sec 3

Date: Thursday, May 2 **Time:** 1:00 PM Departure – Return 5:00 PM

Fee: \$57 Village Residents / \$62 School District / Non-Residents

Join us for Beautiful, The Carole King Musical at The White Plains Performing Arts Center. Beautiful tells the inspiring story of one woman's journey from aspiring teenage song writer all the way to the Rock 'n Roll Hall of Fame.



w w w . c r o t o n o n h u d s o n - n y . g o v

ADULT 60+ ACTIVITIES

CHAIR YOGA

Act# 3161 Sec 3

Dates: Mondays, beginning January 22 for **9 sessions**

No class February 19

Time: 11:15 AM - 12:15 PM

Location: Municipal Building, Community Room

No Fee: FREE -Space Limited!

Non-Resident registration begins December 18 - space permitting

Instructor: Karen Lett, Fitness Instructor

Join us for Chair Yoga, enjoy all aspects of yoga, including breathing, meditation, asanas & relaxation without having to get down on the floor - leaving you feeling relaxed and renewed.

Chair Yoga is funded by the Village of Croton Recreation Department and supported in part by funding from the Westchester County Department of Senior Programs and Services



LOW IMPACT EXERCISE

Act# 3613 Sec 3

Dates: Wednesdays, beginning January 3 for **8 sessions**

Time: 1:30 PM - 2:30 PM

Location: Recreation Conference Room

Fee: \$60.00 Village Residents
\$70.00 School Dist/Non-Residents

Registration Deadline: December 27

Instructor: Lori Barr, Fitness Instructor

Improve your strength, balance and overall fitness in this fun exercise class. Experienced Senior Fitness instructor Lori Barr will guide you through a routine that includes low impact cardio, strength training with light weights, resistance bands and balance work.



FITNESS FOR BALANCE

Act# 3612 Sec 3A / 3B

Dates: Thursdays, beginning January 25 for **8 sessions**

Times: (3A) 1:00 – 2:00 PM or (3B) 2:15 -3:15

Location: Municipal Building, Community Room

Fee: \$70.00 Village Residents /
\$80.00 School Dist/Non-Residents

Registration Deadline: January 18

Instructor: Cathy DiSomma, ACSM Certified Exercise Physiologist

Improve balance and fitness with Exercise Physiologist Cathy DiSomma. Balance is the key to all daily functions and activities. Build strength, improve flexibility and reduce risk of falls. This is a gentle exercise class that will be adapted to the level of each participant.



w w w . c r o t o n o n h u d s o n - n y . g o v

ADULT 60+ ACTIVITIES

HEALTHY & FUN COOKING w/ ALYSSA

ACT# 3056 Sec 3A, 3B, 3C, 3D

Dates: 4 Mondays **Time:** 12:30PM – 1:30 PM

Location: Municipal Building, Community Room

(3A) January 22,

(3B) February 12,

(3C) March 11

(3D) April 15

FREE, Pre-Registration is Appreciated – Walk-ins Welcome!

Instructor: Alyssa Advincula, Nutritionist, Feeding Westchester

Join nutritionist Alyssa Advincula for FREE cooking demonstrations & nutrition tips.

Sample delicious recipes & enjoy fun giveaways such as measuring cups or shopping bags.

This class will take place right after the Chair Yoga class.

Healthy & Fun Cooking is hosted in partnership with Feeding Westchester.



SMARTPHONE TECH SUPPORT

ACT# 3058 Sec 3A, 3B, 3C, 3D

Dates: 4 Tuesdays **Time:** 3:15PM – 4:00 PM

Location: PVC Middle School

(3A) Tuesday, January 9

(3B) Tuesday, February 13

(3C) Tuesday, March 12

(3D) Tuesday, April 16

No Fee: Free, Pre-Registration Required (Friday prior to date)

Do you have questions about using your smart phone? Maybe you have the basics down but have questions about a new app. Or is your smartphone still sitting in the box from the store? Join members of the PVC student council for tech support. Come to all sessions or just one!



MAH JONGG AT THE CROTON FREE LIBRARY

Every Thursday – Walk-Ins Welcome - Open Play 10:00AM-2:00PM

For additional information call Gwen at The Croton Free Library (914) 271-6612



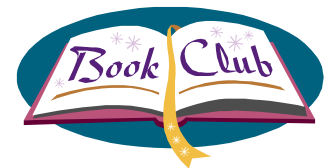
BOOK CLUB AT THE CROTON FREE LIBRARY

First Wednesday of the month, 10:00 AM-12:00 PM

For additional information **Email:** amy1melman@yahoo.com

If you love reading thought provoking, literature, nonfiction, popular fiction and even a little poetry – The Croton Library Book Club is for you!

Join our welcoming group for lively discussions led by Reference Librarian, Amy Melman.



www.crotononhudson-n-y.gov

ADULT 60+ ACTIVITIES

THE CROTON SENIOR CLUB

Enjoy coffee, conversation & camaraderie!

Join the Croton Senior Club for weekly Friday meetings at 11:00 AM in the Community Room at the Croton Municipal Building.

The Croton Senior Club enjoys social activities, classes and guest speakers.

Club membership is open to Croton Village & School District Residents age 60+

For additional information, contact Senior Club President, Bob Anderson

Phone: 914-271-3168 Email: CrotonSeniorClub@gmail.com



SENIOR SHOPPING BUS

Do you need to get to the supermarket? Catch a ride on the shopping bus!

The Village of Croton local shopping bus will pick you up from your home and take you to ShopRite, local banks or to the Croton post office.

Who is Eligible: Village of Croton Residents Age 60+

When: Every Tuesday 10:30 AM – 12:30PM (approximately)

Cost: FREE but advance program registration is required.

To Register Contact: Joanna Straub, Director of Senior Recreation

Phone: (914) 271-5804 Email: jstraub@crotononhudson-ny.gov



CROTON-ON-HUDSON PARKS & RECREATION PROGRAMS - ADULTS 60+

The Village of Croton Recreation provides adults 60+ with opportunities for continued learning, social interaction and enjoyment through a variety of classes, special events and trips. Programs are open to all Village of Croton residents, school district residents and (space permitting) non-residents. In most cases, School District residents are required to pay a higher “non-resident” fee; although they are given equal priority in the registration process.

Contact: Joanna Straub, Director of Senior Recreation

Phone: (914) 271-5804

Hours: M, W, F - 10:00AM-3:00PM

Email: jstraub@crotononhudson-ny.gov



www.crotononhudson-ny.gov

ACTIVITY REGISTRATION FORM

Village of Croton-on-Hudson / Recreation Department

1 Van Wyck Street, Croton-on-Hudson, NY 10520

Checks Payable "Village of Croton"

Please print a form for each participant and use a separate check for each program

Online Registration: www.crotononhudson-ny.gov/recreation-parks

Participant's Name: _____

Address: _____

(Under 18) Guardian _____ Date of Birth _____ Grade _____

Home Phone: _____ Cell Phone: _____

E-Mail: _____

Emergency Name & Phone _____

Activity #	Section #	Program	Day	Fee
# _____	Sec. _____	_____	_____	_____
# _____	Sec. _____	_____	_____	_____
# _____	Sec. _____	_____	_____	_____

I am enrolling myself/my child in programs offered by the Croton Recreation Department/Village of Croton-on-Hudson. In so doing, I hereby waive, release and discharge the Village of Croton-on-Hudson, its employees and agents from any liability for injury to person or property that may arise from myself /my child participating in these programs. I hereby also state that I will have health insurance for myself/my child in effect during the time I am engaging in any activities offered by the Croton Recreation Department, its agents or employees. I agree to indemnify and hold harmless the Village of Croton-on-Hudson for any damages or injuries resulting from my or my child's intentional or negligent conduct.

Participant's Signature (parent or guardian if under 18)

Date



www.crotononhudson-ny.gov