

# Westchester County Department of Health

# **COVID-19 Guidelines:**

# **Tenants of Multifamily Dwellings**

Due to widespread community transmission of COVID-19, residents must make every effort to observe social distancing guidelines and take precautions to protect themselves and fellow residents.

Handwashing, disinfection and social distancing are our best defenses against the virus.

**Note:** the Department of Health does not notify building owners or occupants of cases of COVID-19.

## **Social Distancing**

- Practice social distancing by keeping 6 feet between yourself and others whenever possible within common areas of your apartment building or multifamily home.
- Avoid riding in the elevator with people outside of your own family.
- Do not congregate with others inside the lobby, in other common areas, or outside of the building.
- If the fire alarm sounds, follow your building's standard protocols and maintain at least 6 feet of distance from others.

## **Common Area Precautions**

- Take personal protective precautions such as wearing disposable gloves and a cloth face covering when entering and exiting the building, or visiting common areas.
- Avoid touching high touch surfaces in common areas with your bare hands such as door handles, hand rails, elevator buttons, push plates, garbage chutes, and laundry room or shared exercise equipment.
- If you do not have disposable gloves, carry an alcohol-based hand sanitizer with you to disinfect your hands after having contact with high touch surfaces.

## **If You Get Sick**

- If you have symptoms of COVID-19 (fever, cough, difficulty breathing, body aches) stay in your apartment and isolate in a separate room away from other family members.
- If symptoms do not go away or get worse after three to four days, consult with your health care provider. If you do not have a health care provider, call (866) 588-0195.
- If you are under an isolation order, you **MUST** abide by the isolation protocol which includes not using common stairways, elevators or walking in your neighborhood.
- If you need to leave your home for a medical appointment, wear a cloth face covering.
- If you or a family member needs emergency assistance, call 911 **IMMEDIATELY**.

## **COVID-19 Hotline Numbers**

- Self-Quarantine and Isolation Information: (866) 588-0195
- COVID-19 Testing Information: (888) 364-3065
- Westchester County General COVID-19 Information: Call 211